

ADVANCED FRACTURE MANAGEMENT COURSE: FRACTURES OF THE UPPER LIMB

DATE:

Saturday 26th – Sunday 27th July 2025

VENUE:

Faculty of Medicine and Health Sciences,
Macquarie University, Sydney NSW 2109



Osteosynthesis & Trauma Care

South Pacific

CONVENOR:

Dr Manish Gupta Nepean Hospital, Sydney NSW

FACULTY:

Dr Ezekiel Tan	Gold Coast University Hospital, QLD
Dr Kalman Piper	Westmead Public Hospital, NSW
Dr Terence Moopanar	Royal North Shore Hospital, NSW
Dr Mohammed Baba	Westmead Public Hospital, NSW
Dr Marcus Chia	Sydney Adventist Hospital & Northern Beaches Hospital, Sydney, NSW
Dr Haren Nandapalan	Nepean Hospital, Sydney, NSW

PROGRAM:

SATURDAY 26 JULY

08.30	Registration & Coffee	
09.00	OTC Introduction	Dr Manish Gupta
09.10	Course Introduction and Objectives	Dr Manish Gupta

SESSION ONE: PRESENTATIONS

09.15	Proximal Humeral Fractures: Classification and Management	Dr Ezekiel Tan
09.45	Humeral Shaft Fractures: Operative vs Non-operative	Dr Manish Gupta
10.15	Clavicle and AC Joint Injuries: Contemporary Fixation Strategies	Dr Kalman Piper
10.35	Sternoclavicular and Subclavian Region Injuries: Anatomy, Risks and Fixation	Dr Marcus Chia
10.50	Morning Tea (15 mins)	

SESSION TWO: SURGICAL APPROACHES

11.05	Proximal Humerus: Deltpectoral Approach	Dr Kalman Piper
11.35	Lateral Percutaneous Plate and McKenzie Approach	Dr Ezekiel Tan
12.05	Humeral Shaft (Posterior) Approach	Dr Manish Gupta
12.35	Lunch (45 mins)	

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SESSION THREE: PRESENTATIONS

13.20	Distal Radius Fractures: My Approach, Tips and Tricks	Dr Mohammed Baba
14.00	Forearm Fractures including Monteggia and Galeazzi: Pitfalls and Pearls	Dr Terence Moopanar
14.35	Afternoon Tea (30 mins)	

SESSION FOUR: SURGICAL APPROACHES

15.05	Anterior Elbow Approach: Exposure and Nerve Protection	Dr Manish Gupta
15.35	Volar and Henry Approaches to Forearm and Wrist	Dr Ezekiel Tan
16.05	Dorsal and Radial Wrist Approaches including Thompson's Approach	Dr Mohammed Baba
16.35	Extensor Retinaculum and Dorsal Compartments	A/Prof Ezekiel Tan
17.05	Close	
19.30	Course Dinner: Green Moustache Rooftop Bar & Restaurant, 100 Miller Street, Level 10, North Sydney, NSW 2060	

SUNDAY 27 JULY

08.10	Arrival and Coffee
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SESSION FIVE: PRESENTATIONS

08.15	Distal Humeral Fractures: Patterns and Fixation	Dr Haren Nandapalan
08.45	Olecranon Fractures: Operative Strategies	Dr Kalman Piper
09.15	Elbow Instability and the Terrible Triad: A Stepwise Approach	Dr Manish Gupta
09.45	Injuries of the Carpus: Scaphoid and Perilunate Injuries	Dr Ezekiel Tan
10.05	Injuries of the Metacarpals and Phalanges: Decision-Making and Fixation	Dr Haren Nandapalan
10.25	Morning Tea (15 mins)	

SESSION SIX: SURGICAL APPROACHES

10.40	Elbow: Medial and Lateral Approaches	Dr Mohammed Baba
11.10	Distal Humerus and Elbow: Posterior Approaches. Triceps Split, Triceps On, Boyd and Olecranon Osteotomy	Dr Terence Moopanar
12.00	Lunch (30 mins)	

SESSION SEVEN: PRESENTATIONS

12.30	Glenoid Fractures: When and How to Fix	Dr Terence Moopanar
13.00	Case-Based Discussions in Upper Limb Trauma	Panel

SESSION EIGHT: SURGICAL APPROACHES

14.00	Posterior Approach to the Shoulder and Glenoid	Dr Kalman Piper
14.20	Scaphoid Approaches and Perilunate Fixation	Dr Haren Nandapalan
14.40	Metacarpal and Phalangeal Approaches: Mini-Open and Percutaneous Techniques	Dr Mohammed Baba
15.00	Free Laboratory Time	
15.15	Conclusion & Close	

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